



COMPETITION PRODUCTS & PROGRAMMES

2023



INTRODUCTION

This guide aims to provide introductory information about the Competition Products and Programmes that are available to LTA Registered venues.

It is aimed at PDPs, PIDPs and other regional colleagues to support them in conversations with venues.

More detailed information can be obtained through the Regional Competition Development Partners who can also provide specialist support to venues to enable them to deliver these competition products.



COMPETITION PATHWAY

The following four slides provide an overview of the Competition Pathway:

1. LTA Youth Compete pathway
2. Individual Competitions
3. Team Competitions
4. Competition Grading

COMPETITION FRAMEWORK



LTA YOUTH | TEAM CHALLENGE

Team Challenge is a great way to introduce kids to competition.

It's local, fun and you play as part of a team.



LTA YOUTH | LEAGUE

The LTA Youth League is a team competition run across all junior age groups (8U to 18U).

You get given a fixture list of matches to play against other venues in your area. You play both singles and doubles matches with your friends.



LTA YOUTH | MATCHPLAY

Matchplay is often your first experience of individual competition.

You will play some singles matches in a non-elimination format and at least one doubles for fun.

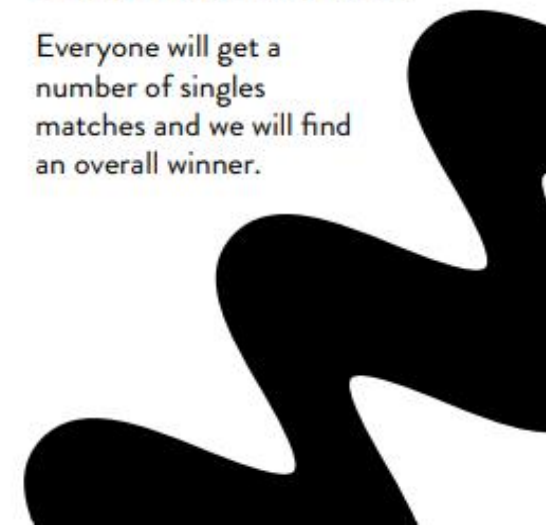


LTA YOUTH | LOCAL TOUR

Local Tour is a quick scoring tournament format.

Everyone will get a number of singles matches and we will find an overall winner.

LTA YOUTH COMPETE





INDIVIDUAL COMPETITIONS



LOCAL COMPETITIONS

Local Tennis Leagues – friendly singles competitions for adults, held nationwide on park and public courts.

Matchplays – competitions for juniors and adults, providing match practice against players of a similar ability.

Local Tour – a range of tournaments giving players the opportunity to earn LTA Ranking or Recent Form points. Half day events for 8U & 9U players, possibly increasing to a full day for 10U -18U, and medals up for grabs!



COUNTY & REGIONAL TOURNAMENTS

County Tour – play regular tournaments and take on a wide variety of opponents. Events for players from 9U – Adult, most are run over 1-day.

County Championships – thousands of players of all ages and abilities come together on the last week in August to compete against players from their county to be crowned county champion.

Regional Tour – a series of tournaments at some of the best regional venues across the country. Most of the Regional Tour takes place as 2-4-day events.



NATIONAL & INTERNATIONAL TOURNAMENTS

National Tour – a series of junior tournaments giving the best young players in the country the chance to compete against each other.

British Tour – a series of tournaments for professional players wanting to compete on home soil, young stars with ambitions of going pro in the future, and national level players who still compete at a high level.

International Events – junior and adult Tournaments that are part of the ITF World Tennis Tour, ITF World Tennis Tour Junior circuit or the Tennis Europe Junior Tour.



TEAM COMPETITIONS



LTA YOUTH SCHOOLS



LTA YOUTH LEAGUE

LTA NATIONAL LEAGUE



LTA COUNTY CUP

PLAY FOR YOUR SCHOOL

Secondary school competitions relevant to pupils ability level, beginning locally and culminating in a final

National Championships, Year 7-10 and Year 11-13 Competitions

44 leagues across the UK

1,000+ schools

3,000+ teams

15,000+ players

www.LTA.org.uk/schools

PLAY FOR YOUR CLUB

All year round singles based team competition for all abilities and ages from 8U – Over 75s

Local, regional and national tiers

50 leagues, in all counties across the UK

1,000+ venues

6,000+ teams

32,000+ players

www.LTA.org.uk/national-league

PLAY FOR YOUR COUNTY

Regional and national stages for county teams and players from 8U – Over 75s

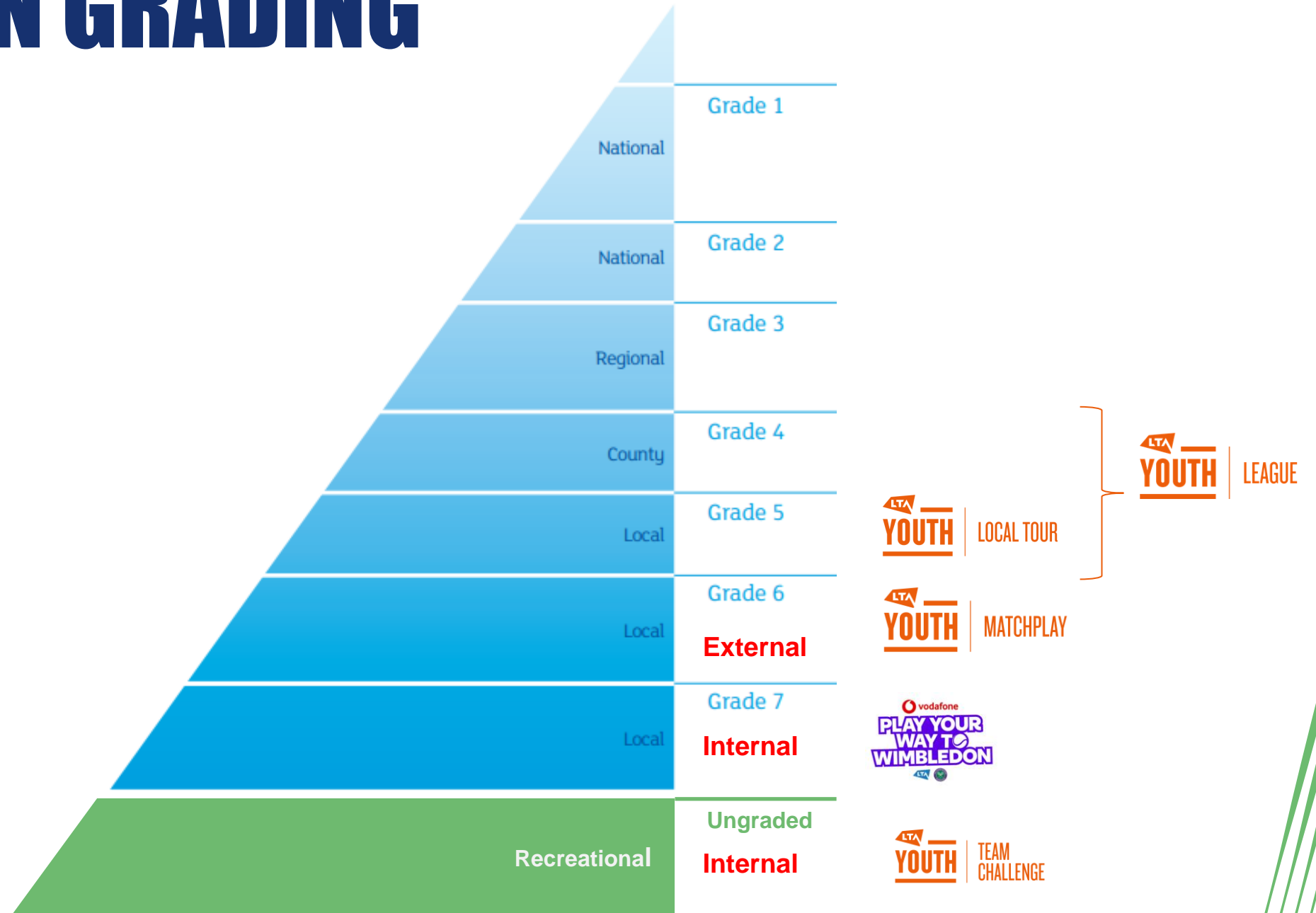
44 counties

1,025 teams

6,000+ players

www.LTA.org.uk/countycup

COMPETITION GRADING



OVERVIEW

The following table provides an overview of the Competition products and programmes available to LTA Registered Venues.

OVERVIEW

Competition Product/Programme	Venue Size			Who is it for?	Who can deliver it?
	Small	Medium	Large		
<u>Team Challenge</u>	x	x	x	Junior players – predominantly aimed at recreational players but fun for all!	Coaches, Competition Organisers
<u>LTA Youth Leagues and LTA National Leagues</u>	x*	x	x	Players of all ages and abilities who want to play team competition	Team Captains can be anyone – parent, volunteer, coach
<u>Play Your Way to Wimbledon</u>	x	x	x	Adults and juniors with a WTN of 20.0 – 40.9	Club member, coach, competition organiser
<u>LTA Youth Matchplays</u>	x	x	x	Junior players who want to start competing in individual competition that is fun and local	Coach, Competition Organiser, Official
<u>LTA Youth Local Tour and LTA County Tour</u>		x	x	Junior and Adult players who want to compete outside of their venue	LTA Licensed Official
<u>Results Manager</u>	x	x	x	All club members – junior and adult	Club member, coach, competition organiser
<u>Box League Manager</u>	x	x	x	All club members – junior and adult	Club member, coach, competition organiser
<u>Local Tennis Leagues</u>	Leagues run on park/public courts, open to all adult players			All adult players	Leagues are run by the LTA
<u>Padel Competitions</u>	Any venue with Padel courts			All adult players	Venues with Padel courts

*small venues are welcome to enter if they have the court capacity

PRODUCTS & PROGRAMMES

The following slides provide further information on these Competition Products and Programmes:

1. Team Challenge
2. LTA Youth League and LTA National League
3. Play Your Way to Wimbledon
4. LTA Youth Matchplays
5. LTA Youth Local Tour and LTA County Tour
6. Results Manager
7. Box League Manager
8. Local Tennis Leagues
9. Padel Competitions

TEAM CHALLENGE

WHY DELIVER TEAM CHALLENGE?

RETAIN MORE PLAYERS AT YOUR VENUE AND COACHING PROGRAMMES

Players that take part in fun, team competition play tennis for longer and more often throughout their lives = more players staying within the game at your venue and in your coaching programmes

Over 45,000 players took part in Team Challenge in 2022 because:

- There's less pressure when playing with friends and it's a good chance to make new pals!
- It doesn't matter what level you are, everyone goes home with something and it doesn't affect ratings or rankings
- Parents are fans too – events are completed quickly and typically delivered locally



TEAM CHALLENGE

GET MORE JUNIORS PLAYING & COMPETING

Team Challenge is a fun, team competition designed for junior tennis players.

- Players compete in small teams for points over a short series of matches, games or activities
- It's flexible and can cater for any number– there is room for everyone!
- It is competitive, but most of all – it is FUN!
- Win, lose or draw, all players receive a sticker and certificate, with a lucky few picking up a medal and prizes



FUN



TEAM



FLEXIBLE

MATCH WEEK

Fun, easy way to introduce players to team competition!

Match Week slots directly not your weekly coaching programmes – every 6th week.

Match Week is a great way to provide an appropriate, fun, competitive experience to your players

No additional organisation.

FESTIVALS

The ultimate fun, team tennis competition!

Festivals are events that take place outside of the coaching programme – at weekends or during school holidays

You can run a festival just for the players at your venue, or invite other venues and players if you wish

Every Festival has it's own **theme** and is designed to be delivered at a certain time of year





DELIVERY DATES



EASTER – 29 MARCH TO 14 APRIL

FRENCH OPEN – 25 MAY TO 9 JUNE

TC GAMES – 26 JUL TO 11 AUG

US OPEN – 26 AUG TO 8 SEPT

MONSTER SMASH – 31 OCTOBER

GIRL SET MATCH – ALL YEAR ROUND

SUPPORT & RESOURCES

WHERE TO GO IF YOU NEED HELP & SUPPORT

- **LTA Youth Team Challenge - Information for players -**
<https://www.lta.org.uk/compete/junior/lta-youth-compete/team-challenge/>
- **LTA Youth Team Challenge – Information for organisers and resources -**
<https://www.lta.org.uk/roles-and-venues/coaches/products-and-programmes/team-challenge/>



LTA YOUTH LEAGUE AND LTA NATIONAL LEAGUE

LTA YOUTH LEAGUE

- Singles based team competition for LTA registered venues.
- Provides recreational players in 8U – 18U age groups with regular league matches against players of a similar standard in a competitive team environment.
- Excellent way for venues to attract and retain players.
- Summer season runs from April-July and the Winter season from Sept-Mar (venues can enter one or both seasons)
- LTA Youth Leagues take place in every county, with local league organisers administering the leagues
- The summer season **closes for entries on 14th February** (majority of leagues will remain open until end of Feb)
- View details for your county league - www.lta.org.uk/compete/junior/national-league



LTA NATIONAL LEAGUE

- Primarily a singles-based team competition for LTA registered venues.
- Provides players of all ages and abilities with regular league matches against players of a similar standard in a competitive team environment.
- Excellent way for venues to attract and retain players.
- Different tiers across the competition that culminate in a National Finals.
- Venues can enter teams from 8U through to Over 75's. There are Men's and Women's events and a Padel league.
- Summer season runs from April-July and the Winter season from Sept-Mar (venues can enter one or both seasons)
- The summer season **closes for entries on 14th February** (majority of leagues will remain open until end of Feb)
- View details for your local league - www.lta.org.uk/compete/junior/national-league



**PLAY YOUR WAY TO
WIMBLEDON**

PLAY YOUR WAY TO WIMBLEDON

- The Play Your Way to Wimbledon, powered by Vodafone, tournament gives players an opportunity to follow in their heroes footsteps and compete for the title at Wimbledon.
- Players start by competing locally at an event taking place at a club, park or school with the winners progressing to the County and/or Area Finals, and then on to the National Finals at Wimbledon.
- LTA Registered venues can run an event exclusively for their members, or they can open up their venue and invite all local players to take part.
- There are a number of different events that venues can chose to run:
 - 14U Singles – Boys and Girls
 - 18U Doubles – Boys and Girls
 - Adult Doubles – Men and Women
- Players must have an ITF World Tennis Number between 23.0 and 40.9 to take part.
- Venues receive a free organiser pack to help them stage their event



Find out more and apply to run an event -

<https://www.lta.org.uk/compete/play-your-way-to-wimbledon/>



PLAY YOUR WAY TO WIMBLEDON – DISABILITY EVENTS

- In 2024 there will be a Play Your Way to Wimbledon Disability Pathway with Wheelchair, Visually Impaired and Learning Disability events.
- Competitions are hosted as part of Regional Series Tournaments (Singles) held between January and May 2024
- There are 2-4 Regional Series Tournaments for players to complete in across the following categories: Wheelchair (men's and women's), Visually Impaired (men's and women's, B1, B2, B3, B4-5) and Learning Disability (mixed).
- The Winners and Runners Up from each event are then invited to compete in the National Finals at Wimbledon from 11 – 17 August 2024.



Find out more -

<https://www.lta.org.uk/compete/play-your-way-to-wimbledon/>



LTA YOUTH MATCHPLAYS

LTA YOUTH MATCHPLAY

A super flexible matchplay product for all junior grade 6 competition that can be delivered by coaches, competition organisers and officials for internal players (just those that normally play at the venue) and/or external players. Results must be submitted, via TTP or Results Manager, to count towards LTA Youth Compete rewards.



BENEFITS OF RUNNING LTA YOUTH MATCHPLAYS

- Run competitions that support players with getting their first taste of individual competition in a fun, friendly environment
- Provide internal competition at your venue just for your players – and research shows that players that compete are more likely to play more often and to keep playing tennis for longer – this is good news for your programme!
- Support players with opportunities to reach their next milestone on the LTA Youth Compete reward scheme
- Generate revenue by charging players to enter your LTA Youth Matchplay competition(s)
- Generate income for your venue through secondary spend at your café/bar or shop
- Develop your skills as a competition organiser/official



RUNNING AN LTA YOUTH MATCHPLAY COMPETITION

Matchplay Element	Must Do	Can Do
Submit results from matchplay so they count for LTA Youth Compete Rewards	X	
Use round robin or matchplay draw formats – no overall winner	X	
Focus on providing level-based play – lots of matches against similar opponents	X	
Provide a friendly welcome and create a fun environment	X	
Use LTA Youth resources to give players stickers, certificates, etc.	X	
Create competition online using CMS for players to enter		X
Deliver an energetic, on-court, group warm-up		X
Encourage players to take on other roles when not competing e.g. scorer, time-keeper		X
Provide players with the opportunity to compete in both Singles and Doubles matches		X
Use LTA Youth marketing material e.g. posters and digital assets		X

THE PRACTICAL DETAILS

- Results must be submitted to count towards LTA Youth Compete rewards for the players – this can be done via CMS/TTP or Results Manager
- If you want to learn more about LTA Youth Compete competitions, including matchplays, you can complete the online training module - [LTA Youth Compete](#) – credits available for coaches and officials
- Once you have completed the online LTA Youth Compete training you can apply for an LTA Youth Compete organiser pack containing an LTA Youth Compete sweatshirt, clipboard, posters, stickers, certificates and an organiser guide.
- You can request additional stickers and certificates using our [online order form](#)



**LTA YOUTH LOCAL TOUR &
LTA COUNTY TOUR**

LTA YOUTH LOCAL TOUR

Local Tour offers a range of tournaments throughout the year for children aged 18 & under.

These competitions are Grade 5 events and give players their first opportunity to earn real Recent Form* or LTA Ranking points.

For players aged 9 & under, these tournaments normally last half a day and use a simple format – one match tiebreak to 1- points for players competing with an orange or red ball.

For players aged 10-18 it could still be half a day or ramp up to a full day. Then it's time for FAST4 scoring!

Competitions will try and take as many players as they can, but numbers are limited so players will be taken on a 'first come, first served' basis. Entries will be accepted until the draw is full.

Venues can run LTA Youth Local Tour competitions as long as they have the court availability (for 10U – 18U events four courts will be needed) and an LTA Licensed Referee to run the competition.

Find out more and view calendars online -

<https://www.lta.org.uk/compete/junior/lta-youth-compete/local-tour/>

*Recent Form is a measure used for 9U and 10U players – it is calculated using your best 3 individual performances (at a specific ball colour) in Grade 1 – 5 competitions over the past 6 months. Recent form is used for acceptance into 9U and 10U events in Grade 1 -4 competitions



LTA COUNTY TOUR

County Tour offers a range of tournaments throughout the year in 9U to Adult age groups.

These competitions are Grade 4 events and are a good progression for players who have been competing in LTA Youth Local Tour competitions and are ready for their next challenge.

As well as Singles events there are Doubles events in the 11U – 18U age groups.

Acceptance is based on Recent Form for 9U and 10U events, LTA Ranking for 11U – 18U events and ITF World Tennis Number for Adult events.

Venues can run LTA County Tour competitions as long as they have the court availability (for 10U – Adult events four courts will be needed) and an LTA Licensed Referee to run the competition.



Find out more and view calendars online -

<https://www.lta.org.uk/compete/junior/county-tour/>

RESULTS MANAGER



RESULTS MANAGER

The LTA Results Manager tool helps Organisers, Officials and Coaches easily record results when running internal competitions at their venue.

You can submit results from your venue competitions directly to the LTA from your mobile phone or tablet. Results will immediately appear on all Players' profiles in the system and feed through to the ITF World Tennis Number.

The tool is quick and easy to use and players linked to your venue will appear in the system ready for you to select and record the results of their matches.

Access to the tool is free for LTA registered venues.

Read more and request Results Manager access here:

[**TENNIS COMPETITION MANAGEMENT SYSTEM | LTA**](#)



BOX LEAGUE MANAGER



BOX LEAGUE MANAGER

Box League Manager is a fantastic, easy-to-use tool that is available free of charge to all LTA registered venues.

Venues can use Box League Manager to run internal box league competitions for players at their venue.

Box leagues can be set up so that players can enter online, view their box and opponents and submit their match results, reducing the admin burden for the box league organiser.

Venues can charge an entry fee, or run their box leagues free of charge for their members.

Access to the tool is free for LTA registered venues.

Read more and request Box League Manager access here:

[**TENNIS COMPETITION MANAGEMENT SYSTEM | LTA**](#)



BOX LEAGUE MANAGER CASE STUDY



CLUB SUCCESS STORY

BOX LEAGUES GO FROM STRENGTH TO STRENGTH!
Players competing in club's singles leagues increase by 150%

David Lloyd Club Renfrew

The Renfrew club has seen a rapid growth in the number of members competing in their singles box leagues.

This has resulted in the club gaining new, and retaining, members as they enjoy both the tennis experience and the social aspect of it. There have been 2 key elements that has brought about this transformation:

1. the Management team engaging with myself, the volunteer that runs the box leagues
2. the release of the LTA Software Box League Manager (BLM)



David Lloyd
CLUBS

WHERE THE BOX LEAGUES STARTED FROM

My first box league started in 2011 with 12 players. Since then, I have run a number of box leagues (and various other events) at the club. However due to lack of support and promotion from the club, the numbers typically stayed around the 30 to 40 level at its peak. This meant there were so many players missing out and resulting in many new tennis members joining but not staying as a member for long.

WHAT WAS DONE

This time last year the club's relatively new general manager asked for a meeting as he had heard that I was running box leagues and occasional tournaments for the members as a volunteer. Instead of being negative, he was very supportive and asked me to officially help out at the club, still as a volunteer, with box leagues and internal competition. This gave me the incentive and encouragement needed to expand the tennis experience and network at the club.

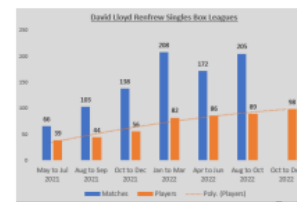
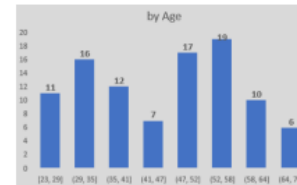
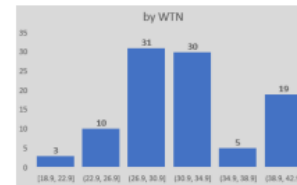
I created a Clubspark website to help improve communication, made more use of the club's notice board and Facebook group, liaised with the coaches for them to promote the leagues and actively spoke to the tennis members who were playing "bounce" matches. These alone resulted in a 100% increase in both numbers of players involved and number of matches played. However, this success also had a drawback.

I was doing all of the leagues manually in TTP, which although a great software tool for competitions, was taking up so much of my time. I was getting loads of texts and emails from players asking to join, having to look up their LTA Advantage number, adding them in to TTP and recording over 200 results. This would be required for every round. This, along with running other events, was not sustainable in the long term. This was where the 2nd key element would become crucial if the new success of the box leagues were to continue.

Welcome to Box League Manager, the new Software released by the LTA. As with any new system there were teething issues and a number of enhancements fed back to get released in future. However, this new system has resulted in all players entering online and recording their own results, which cut down on the admin considerably. After each round, the Software also makes it so easy to place players in their new groups if they were promoted, relegated, or added. To ensure the use of the app was a success, I added instructions to the Clubspark website on how to join the LTA (for free), affiliate to our club, join the box league and enter results.

The new box league, that has just started this week, has 98 players entered playing across 7 groups. No interested player gets refused. The leagues are there for all standards and all adult ages.

200 MATCHES PER 10 WEEK ROUND



THE FUTURE

It is important that the singles box league does not get stale with round after round, so the plan is to pilot a doubles box league in Dec using BLM. This could potentially take the number of members that just play social doubles. Although we have a good number of ladies involved, introducing a doubles box league would increase this number considerably.

If this is successful then the plan would be to alternate between singles and doubles box leagues throughout the year, with some overlap in each. This would ensure there is competition member. The regular social and charity events would continue in parallel.



THE OUTCOMES

- In the last 15 months, members participating has went from 39 players to 98, a 150% increase.
- The number of matches played in that time period has almost tripled and we are typically getting 200 matches per 10 week round.
- All players are now LTA members and have a World Tennis Number (WTN) rating. The 19 new players will have a WTN rating after current round finishes.
- Over 50% of the players have played their first ever competitive match in 2022.
- New, and existing, members are staying at the club longer as they now feel part of the tennis community within the club and enjoy the tennis and social experience that the box leagues provides them.

WHAT THE MEMBERS HAVE SAID

"The box leagues have been fantastic. I've met some really nice people, made new friends, and playing people of differing styles and standards on a regular basis has improved my own game."

D. Geddes, Member, David Lloyd Club Renfrew

"Since joining David Renfrew box leagues my match play tennis has improved dramatically, as has my enjoyment of the game. I get the chance to play players of a similar level and sometimes higher, many friends as a result and an ever stuck for a partner no matter the day or the hour...."

L. Conway, Member, David Lloyd Club Renfrew

"I started playing in these leagues in April 22 and have to compliment the structure and organising behind the scenes. It's a completely fair system spread over 6 leagues allowing tennis at all back if you get over challenged. It's a terrific way to challenge yourself, get fit and meet new players."

T. Shand, Member, David Lloyd Club Renfrew

FOLLOW US FOR MORE

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@the_LTA

LTA

@LTA

LTA - Tennis for Britain

Tennis SCOTLAND

Read more online - lta-clubs-success-story-box-leagues-go-from-strength-to-strength.pdf

LOCAL TENNIS LEAGUES



LOCAL TENNIS LEAGUES

FRIENDLY, COMPETITIVE TENNIS ON A COURT NEAR YOU!

Local Tennis Leagues is based mostly in parks and includes mixed singles leagues for adults aged 18+.

Play your tennis, your way, and join thousands of players in hundreds of Leagues across the UK. LTL helps build a sense of community, puts local players in touch with each other, and gives players a way to improve their tennis.

Players sign up online, once entered into a league they will be matched with 6-8 players of their standard, and they arrange their matches when and where they like, sharing any court fees with their opponents.

Members of venues may wish to join to access more singles competition and venues with public/pay-to-use courts may wish to consider adding their venue to a league.



Find out more -

<https://localtennisleagues.com/>



PADEL COMPETITION



PADEL COMPETITION

Padel's an innovative form of tennis that's fun, easy to learn and extremely sociable. Played on an enclosed court about a third the size of a tennis court, groups of mixed ages and abilities can play together.

There are Padel competitions for everyone – whether you are a seasoned pro or have only just picked up a bat.

[Local Padel Leagues](#) – friendly, competitive padel competitions for everyone. When you enter a league you'll be organised into a group with players of a similar standard, you then arrange matches at a time and location to suit you.

Grade 5 – Local Tour – The perfect introduction to graded competition for new or experienced players. It's local, first come first served acceptance with eight players competing in a compass draw.

Grade 4 – County Tour – If you want to compete against different players at different venues the County Tour is ideal. Acceptance to these events is based on the LTA Padel Rankings and competitions have a round robin to elimination format.

Grade 3 – Regional Tour – These competitions are perfect if you know your way around the court, have experience of competing and want to keep improving your game.



Find out more about Padel competitions online -

<https://www.lta.org.uk/play/ways-to-play/padel/competitions/>



OTHER INFORMATION

The information on the following slides may also be useful:

1. ITF World Tennis Number and Self Submission of Results
2. Becoming a Competition Organiser or Referee
3. Keeping up to date with LTA Competitions
4. Parent Support
5. LTA Youth Compete Rewards

ITF WORLD TENNIS NUMBER AND SELF SUBMISSION OF RESULTS

The ITF World Tennis Number is a new rating system for all tennis players across the world which will make it easier for everyone who plays tennis in Britain to organise and play against opponents of a similar standard.

The ITF World Tennis Number has:

- A world-wide system that ranges from 40 (recreational players) to 1 (pro players)
- Separate ratings for singles and doubles
- An algorithm that produces your own rating
- An algorithm that counts sets, and matches, played which means the more you compete, the more accurate your rating will be
- A personalised digital 'Game zONE' feature, which will help you identify opponents with a similar rating online
- The facility for players to upload their own match results after they've played

Find out more -

<https://www.lta.org.uk/compete/wt-n-rankings/world-tennis-number/>



ITF WORLD TENNIS NUMBER
SUBMIT YOUR RESULT

Scan this QR code to:

- Submit your match result to count towards your ITF World Tennis Number
- Access MyGame to track your match results and stats
- View your ITF World Tennis Number

For more information visit [LTA.org.uk/WorldTennisNumber](https://www.lta.org.uk/WorldTennisNumber)

LTA TENNIS FOR BRITAIN | # ITF World Tennis Number

SCAN ME

The graphic features a tennis player in a blue long-sleeved shirt and pink visor, celebrating with a tennis racket. The background is a mix of blue and red geometric shapes. At the bottom, there are logos for LTA Tennis for Britain and the ITF World Tennis Number, along with a QR code and a 'SCAN ME' button.

SUPPORTING THE DELIVERY OF TENNIS COMPETITION

There are a number of ways people can support the delivery of competition at their tennis venue, with training and support available to everyone.

Competition Organiser

Competition Organisers can help to run and organise competitions at a recreational level. To become a Competition Organiser you will need to attend a three-hour online course – this will help you with the basics of running local Grade 6, Grade 7 and ungraded events.

Tennis Referee

Tennis referees are responsible for looking after all players at a competition and making sure everyone is following the rules of the game. To become a referee you must complete and pass a two-day course. If you pass you'll be able to run Grade 4, 5, 6 and 7 competitions.

Court Supervisor

Court Supervisors help to make sure competitions run as smoothly as possible. They support referees in running larger competitions and look after a number of courts to ensure everyone is having the best possible experience. Anyone over the age of 16 can become a Court Supervisor – you just have to complete a free online course.

Find out more and book onto a course -
<https://www.lta.org.uk/roles-and-venues/officials/start-your-official-journey/>



OFFICIATING

STAY UP TO DATE!

TWITTER - @LTACOMPETITIONS



Follow us @LTACompetitions on Twitter for the latest news and updates on Tennis competition in Great Britain. Don't forget to share your competition photos and stories when you play or organise a competition!

LTA COMPETITIONS FORUM



Join our Facebook group for anyone involved in the organisation and delivery of tennis competitions across Great Britain: pose questions, post comments, share good practice and use this as a platform to support you in organising and delivering your competitions.

TENNIS PARENTS COMMUNITY



A peer to peer, supportive group for the parents/carers of tennis players of all abilities in Britain. A space for asking for advice, sharing experiences for the benefit of others, and exploring ideas, to help the whole community support their children.



PARENT SUPPORT

What is the Parent Support Programme?

Parents play a key role in sport and kids need their support and encouragement.

We work closely with sports psychology experts from Loughborough University and the University of Roehampton to offer help – what we call the Parent Support Programme.

The Parent Support Programme is made up of three parts:

- Stage 1 – Start Competing Guide – <https://www.lta.org.uk/492c8b/globalassets/start-competing-guide.pdf>
- Stage 2 – Competition Parenting Workshops – <https://www.lta.org.uk/compete/parents-area/parent-education/>
 - Stage 3 – Mental and Emotional Skills Guide – <https://www.lta.org.uk/48f191/globalassets/mental-emotional-skills-guide-a5.pdf>

In the Summer of 2023 we will also be launching a new Parenting Support module for parents with children that are new to competition. This online module will be available for parents to complete in their own time and will help them understand the Competition Pathway, learn how to find an appropriate competition for their child, know what to expect at competitions and how to best support their child when they are competing.

LTA YOUTH COMPETE REWARDS

LTA YOUTH COMPETE REWARDS WILL BE LAUNCHING SOON, WITH CERTIFICATES, T-SHIRTS AND HOODIES UP FOR GRABS IT'S TIME TO GET COMPETING!

LTA Youth Compete Rewards is a new participation-based rewards scheme for those player matches at Red (8U), Orange (9U) and Green (10U) to help recognise their progress. Players can earn exciting rewards as they reach the following milestones dependant on number of recorded matches played at a specific **ball colour**:

- 1 match – congratulatory email
- 10 matches – digital congratulatory certificate
- 20 matches – an exclusive Youth Compete t-shirt
- 40 matches – a prestigious Youth Compete Rewards hoodie

Matches that a player plays at their venue in internal competition, matchplay events, club championships etc. all count towards the rewards scheme.



LTA
YOUTH COMPETE

With certificates,
t-shirts and hoodies up for grabs

IT'S **TIME** TO GET
COMPETING!

10
MATCHES With 10 matches recorded, you'll receive a congratulatory certificate!

20
MATCHES With 20 matches recorded, you'll receive a Youth Compete Rewards exclusive t-shirt!

40
MATCHES With 40 matches recorded, you'll receive an exclusive Youth Compete Rewards hoodie!

For further information click this link below:
www.LTA.org.uk/LTAYouthCompeteRewards

