



TENNIS
FOR BRITAIN

NATIONAL UNIVERSITY TRAINING

WELCOME

September 2024

INTRODUCTIONS

WHO IS SITTING NEXT TO YOU?

WHO IS NOT SITTING NEXT TO YOU?



TIMETABLE – MORNING

10.00: Developing your programme

- Resources for developing your programme
- Latest student offers/opportunities
- Prize draw

11.00: LTA parks programme: Paul Bennett

11.30: BUCS update: Sophie Kitson

12.00: Lunch

TIMETABLE - AFTERNOON

13.00: Introduction to the afternoon: Alistair Higham

14.00 – 15.45: Rotations (30 mins each)

- On court: University Activator Course, David Boddy
- On court: Match-focussed practices, Barry Scollo
- Off court: Action planning, LTA staff

15.45: WRAP UP

UNIVERSITY TIER 1-3

UNIVERSITY TENNIS: PROGRAMME SUPPORT

JOIN OUR UNIVERSITY PROGRAMME NOW: IT'S FREE TO JOIN!

Venue Registration is the LTA's membership scheme for tennis and padel venues.

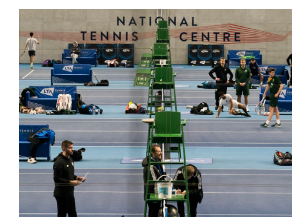
Join our Tier 1 level of support by registering your university as an LTA registered venue. LTA Venue Registration is FREE to Universities and utilises an online portal to make it simple for you. It's a simple process and can be done by [clicking here](#).

YOUR BENEFITS:

- Free LTA Advantage membership for your club members.
- Access the Wimbledon Ballot for students at your university.
- Invite to University Tennis National Training events.
- Notification of work experience roles and opportunities for students.
- Opportunity to apply for high profile National Student Workforce events.
- Access to webinars for with LTA colleagues and like-minded universities.
- Opportunity to apply for the LTA University of the Year Award.
- Free action-planning templates.
- Access to our range of online resources for university tennis, including:
 - Developing your university tennis weekly programme: how to run a successful freshers fair; a range of options for players of all levels including competition formats.
 - Student Activators online course which gives your volunteer students the basic skills to deliver tennis sessions.
 - BUCS Team Captain resource. Written by the successful GB Student Team captains, giving guidance for captaincy and on court match-focussed practices.

MORE INFORMATION:

For more information, please contact: alastair.higham@lta.org.uk



REGISTER NOW



CONNECT



@BRITUNITENNIS



University Tennis Development



University Tennis Development



**DAVIS CUP
LTA STUDENT
OFFER:
GB ties - £15,
Other ties £10**



Tuesday – Canada v Argentina

Wednesday – Finland v Great Britain

Thursday – Canada v Finland

Friday – Great Britain v Argentina

Saturday – Finland v Argentina

Sunday – Canada v Great Britain



DAVIS CUP BUCS CAPTAIN'S TRAINING



Tier 1 Prize Draw



LTA AWARDS: UNIVERSITY OF THE YEAR



You are here: [Homepage](#) > [Compete](#) > [Sports](#) > [Tennis](#)

TENNIS

[Overview](#) [SAG](#) [Events](#) [Super Weekend](#) [Rules & Regs](#) [International](#) [Officiating](#) [BUCS Tennis Past Results](#) [LTA University Support](#)

www.bucs.org.uk



ALL Alistair Higham

LTA University Resources: Developing your programme

START COURSE

Available for Tier 1-3
Link in welcome email



SCORECARD AND ACTION PLAN 2024-5



PADEL TENNIS



UNIVERSITY WORKFORCE DEVELOPMENT PROGRAMME FOR STUDENTS ENGAGING WITH:

- COACHING PROGRAMME
- COMPETITION PROGRAMME
- COMMITTEE SUPPORT
- SPORT SCIENCE SUPPORT

- TEACHER TRAINING PROGRAMME

Progressive workforce programme

**Requirement of Tier 2/3
funding outcomes**

3 phases of development in each

**Arranged with LTA PDP, linking
to academic department**

WORKFORCE PROGRESSIONS

Phase 3

*Lead
roles*

Lead role.
University recommend for
external opportunities.

Phase 2

*Specific
roles*

Significant roles in the programme.
May progress further.

Phase 1

*Initial
engagement*

Initial roles.
Gaining experience.

COACHING PROGRAMME:

Phase 3

*Lead
roles*

**LTA
Coach**

Leading internally and externally.

Potential to earn.

Potential to follow Performance Coach route.

Phase 2

*Specific
roles*

**LTA
Instructor**

**LTA
Assistant**

Formal qualifications.

Member of the coaching team.

Potential to earn.

Phase 1

*Initial
engagement*

Activator

Supporting university coaching programme.

Welcoming and organising club members.

COMMITTEE SUPPORT

Phase 3

Lead roles

Leadership role

Lead Role within the club.

Volunteer role.

Opportunities for external experience.

Phase 2

Specific roles

Committee Role

Active main role on Club Committee.

Volunteer role.

Phase 1

Initial engagement

Initial role

Supporting the committee.

Possibly engaged in one of the other phase 1 roles.

COMPETITION PROGRAMME :

Phase 3

*Lead
roles*

**Wider
experience**

Working internally and externally.

Identified students receive additional opportunities.

Potential to earn.

Phase 2

*Specific
roles*

Referee

LTA Referees Course.

Student Officials will be supported/selected to support at external events. Potential to earn.

Phase 1

*Initial
engagement*

**Competition
Organiser**

2 students per University to complete the Competition Organiser Course.

Each University to deliver 3 events throughout the year.

SPORT SCIENCE SUPPORT:

Phase 3

*Lead
roles*

WIDER EXPERIENCE

Opportunities for external experience.
Potential to support performance tennis.

Phase 2

*Specific
roles*

Lead Role

Lead role in supporting BUCS teams
Linked to academic study

Phase 1

*Initial
engagement*

Initial role

Assisting in the support of BUCS teams
Specific role linked to academic study e.g. S&C,
Sport Psych, Nutrition, Physio,
Performance Analysis.

TENNIS DEVELOPMENT:

Phase 3

*Lead
roles*

**University
Tennis
Coordinator**

Lead role in all aspects of tennis development for the university. Paid role.

Opportunities for external experience.

Potential to follow Performance Coach route.

Phase 2

*Specific
roles*

**Ambassador
Role**

Main role in developing university programme.

Heading up one or more strands of the University programme.

Phase 1

*Initial
engagement*

**Initial
role**

Engaged with any or all the Phase 1 roles.

WORKFORCE DEVELOPMENT PROGRAMME:

LTA YOUTH SCHOOLS:

- Free resources for teachers and trainee teachers available at www.lta.org.uk/schools
- Register to access free online Primary and Secondary Teacher Training courses for teachers and trainee teachers
- Option for University academic staff to arrange face-to-face Primary and Secondary Teacher Training courses (Details available from your LTA contact.)





UNIVERSITY OFFICIALS DEVELOPMENT



COMPETITION ORGANISER

- 3 hour online course to prepare students to deliver competitions
- FREE. Each University to deliver Matchplay events throughout the year
- Results to be recorded using LTA software and count for ITF WTN

NEXT STEPS



PEOPLE

Think about any individuals that may be suitable & interested in the programme



PROVISIONAL DATES

Tuesday 15 October
2024 18:00 – 21:00

Saturday 26 October
2024 14:00 – 17:00

Thursday 7 November
2024 18:00 – 21:00

NEXT STEPS



SIGN UP

Sign up for a course and start planning your Matchplays

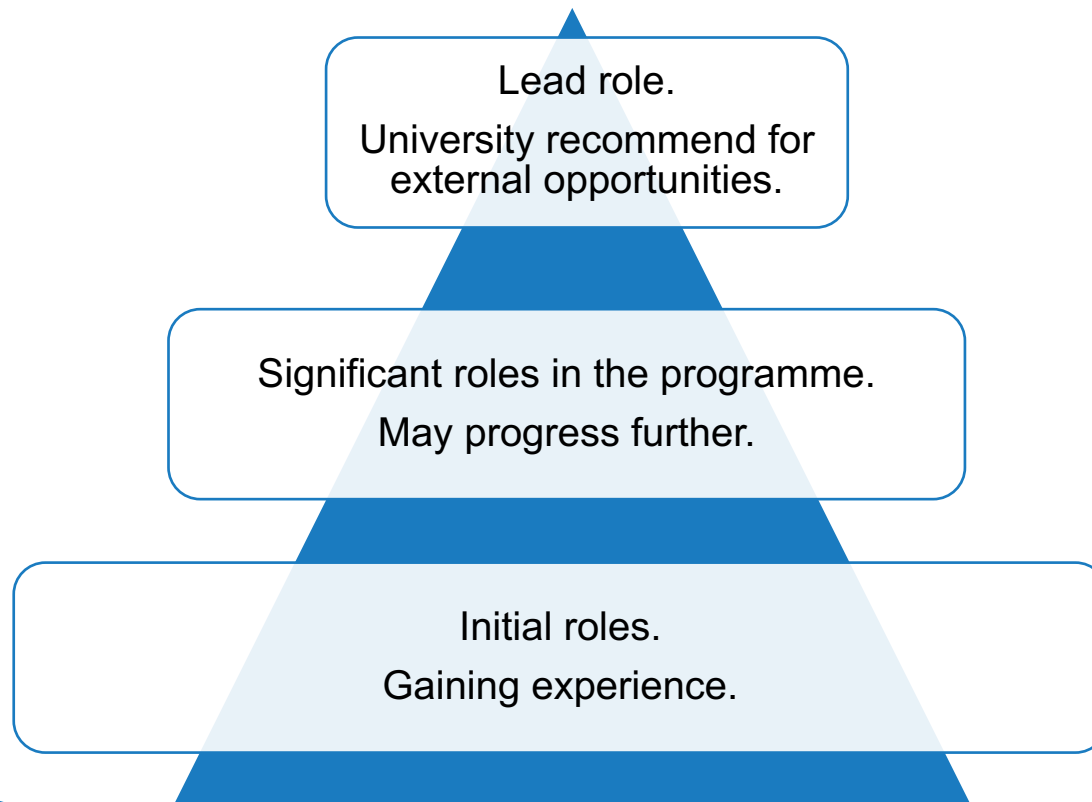


DELIVERY

Deliver 3 events during the academic year recording results to count towards the ITF World Tennis Number

WORKFORCE PROGRESSIONS

Further opportunities



STUDENT LEADERSHIP NETWORK





PERFORMANCE*

GB STUDENT DEVELOPMENT CAMP

NTC - 24 & 25TH
OCTOBER 2024



WHAT IS IT?

- Opportunity for 8- 12 students to attend a 2 day camp at the National Tennis Centre in Roehampton
- Accommodation, food and tennis are covered by the LTA
- The camp will be a mixture of coaching, training and career information for those interested in working in performance tennis



WHO IS IT FOR?

Students who:

- Play and compete regularly at BUCS first/second team level
- Have an interest in performance coaching and/or strength and conditioning
- Players with existing experience of coaching/coaching qualifications, or an interest in coaching in the future
- Have been nominated with a supporting statement from their university head coach or performance sport lead

HOW TO APPLY

- By application form, which should be submitted with a supporting statement, by **Monday 7th Oct at 5pm**
- Successful applicants will be notified by Thursday 10th October
- Expressions of interest:
Alistair.Higham@lta.org.uk



UNIVERSITY TENNIS ACTIVATOR

UNIVERSITY TENNIS ACTIVATOR

TAKE OUR FREE ONLINE COURSE AND BECOME A UNIVERSITY TENNIS ACTIVATOR

You don't need to be a skilled tennis player, the most important qualities are good communication and enthusiasm.

- Help your student tennis club to develop tennis
- Learn the communication and organisation skills to facilitate a tennis session
- Free online interactive course for students
- Video examples throughout
- Approx 1.5 hours to complete
- Content for practices and games included

- "It built my confidence and I'd recommend it to anybody that wants to get involved." **Loughborough University student**
- "I thought that the structure / content / flow / functionality was all really good." **University of Bristol student**
- "I really liked the different game ideas." **Brunel University student**
- "Impressive for an entirely online course." **University of Stirling student**

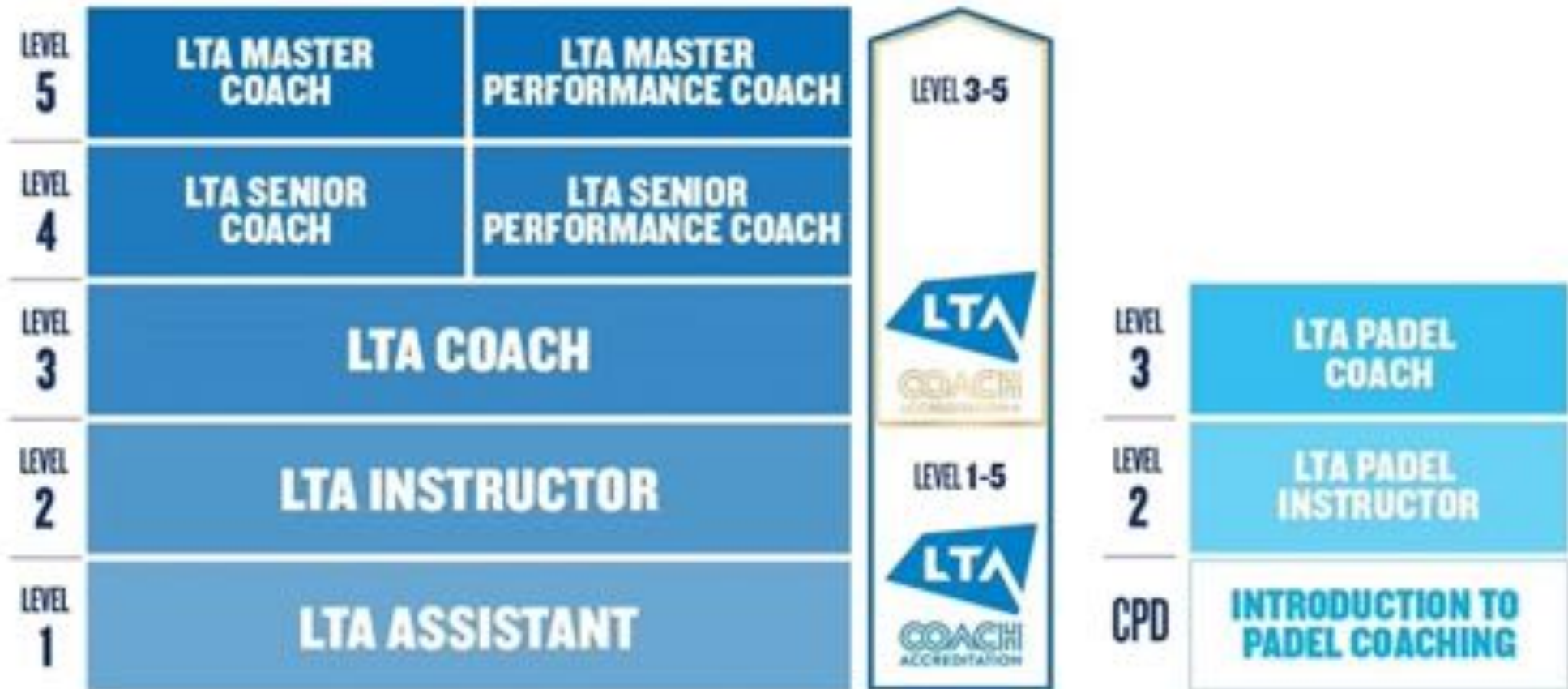
HOW DO I GET INVOLVED?

Create your account and complete the onboarding process here: www.lta.org.uk/university-tennis-activator



REGISTER NOW

LTA QUALIFICATIONS PATHWAY



COACH DEVELOPMENT CENTRES

- TENNIS SCOTLAND**
(IN PARTNERSHIP WITH UNIVERSITY OF STirling)
All of Scotland
- WE DO TENNIS**
Cumbria, Lancashire, Isle of Man,
Durham & Cleveland, Northumberland
- TENNIS WALES**
(IN PARTNERSHIP WITH CARDIFF MET UNIVERSITY)
All of Wales
- UNIVERSITY OF EXETER**
Cornwall, Devon, Somerset, Dorset, Channel Islands
- LEEDS BECKETT UNIVERSITY**
Yorkshire
- UCOACH**
Cambridgeshire, Bedfordshire, Hertfordshire,
Middlesex, Hampshire & Isle of Wight, Wiltshire



GREAT BRITAIN STUDENTS TEAM



KNOW THE GAME

- There are specific game situations which are critical
- DATA can inform the 'norms' for these



KNOW THE GAME

- Matches rarely progress good, very good, great, game over.
- Matches are dynamic and momentum can build for one side or the other



KNOW THE GAME

- Matches develop and there are different phases which may require different responses
- Specific match events can become significant and matches can turn quickly



KNOW THE SCORE

- It brings you to a pinnacle when match events can take on significance (especially missed opportunities)
- You are required to start again regularly
- It allows for winning streaks

