



# 9U & 10U NATIONAL TOUR 2023-24

### Supported by Winter Regional Tour







### NATIONAL TOUR 2023-2024

# 10U & 9U



Parents,

2022-2023 has seen the successful completion of the 9U & 10U National Tour circuits. As a team we have enjoyed supporting these events and seeing the players progress throughout the year. For all those parents & players that were involved we thank you for your commitment and support and very much look forward to the 2023-2024 circuit.

The 2023-2024 National Tour will once again be supported by the Winter Regional Tour (September 23 – March 24), this enables an additional layer of events that are played in multiple venues across the UK, offering more local opportunities to compete. Winners of these linked events will gain a place into some of the National Tour rotations.

The National Tours will take place frequently throughout the year providing best v best opportunities and a high volume of matches. Our priority is to ensure that the players have the most positive and productive experience.

Whether you have been involved in last years tour or are new to these tournaments the following pages outline some key information about the event, some helpful hints and tips for parents and the calendar for all National Tour events currently scheduled throughout 2023-2024. We hope this can help you with planning the competition schedules for those players aspiring to play at this level.

We look forward to seeing you all at the events, the 10&U National Pathway Coaches will be in attendance across the events.

David Kirby 10U National Pathway Manager



### BENEFITS OF THE NATIONAL TOUR

### 10U AND 9U NATIONAL TOUR



#### The National Tour will be supported by the 10U National Pathway Coaches:

To create a great atmosphere at the start of the events, the team will facilitate the on-court physical, and tennis warm up. We are eager to ensure that every player has the court time to familiarise themselves with their surroundings and settle any nerves. Individual coaches are of course welcome on to the court if they are accompanying the player. The warm up is not compulsory but will be the only court time available before start of play. In the 10U age group as the year progresses we will hand over the warm up responsibility to the players in order for them to take ownership.

**Best v Best:** The National Tour will bring players together providing best v best national level competition. Great opportunities for players to challenge their competitive skills against other similar minded players from throughout GB.

**Earned progression:** WRT events between September 22 & March 23 will be linked events, providing players with the opportunity to gain acceptance into the National Tour, by winning a linked event.

Progressive: To prepare players for the journey ahead, the format of competition will start to mirror that of the age group above.

High volume of matches: multiple matches will be included in the events.

**Number of days:** The number of days per event will start to align with those events of the ball colour above to help with a smoother transition. This is also more in keeping with the highest-level events at this age and stage from other tennis Nations.

**The 9&U National Tour:** They will be split into a North and South event. This helps provide more opportunities and minimise travel time. As the year progresses, we will run combined events bringing all the players together.

**Transitions:** September to December will be encouraged as a transition period with players starting to access the ball colour that they will be using the following year.

Video Analysis: Where possible, matches will be filmed, and footage will be made available to individual coaches.

Where possible, do try to stay until the presentation at the end of the competition, celebrating the effort of all the players as well as congratulating any prize winners.



# COMPETITION

### HELPFUL TIPS FOR PARENTS

10U AND 9U NATIONAL TOUR



Thoughts to consider **BEFORE** the tournament:

It's critical that all players have a positive and encouraging experience throughout competition. This positive experience is essential to ensure their desire for the sport remains strong. Here are a few helpful hints and tips to ensure a positive experience is had by all:



Tennis is a journey, a long road that can present both opportunities and challenges along the way. Enjoyment is the key to longevity. These events are at the very beginning of the performance competition pathway – keep perspective and ensure the players enjoy the experience.



It's really important to remember that a players performance may fluctuate throughout a match, or even from one match to the next. Allow for mistakes, recognise they are part of the journey to improvement and remain positive.



Successful tennis parents are able to recognise the stress and anxiety that the players may feel throughout the competition, and are able maintain a supportive and understanding nature. Reactions from players at this age and stage is normal and a part of the learning journey.



# COMPETITION

### HELPFUL TIPS FOR PARENTS

10U AND 9U NATIONAL TOUR



Thoughts to consider **DURING** the tournament:



**Promote fair play** – respect for opponent and officials. At times, encourage the players to be sociable with other players, they are still young and this helps towards the overall tournament environment.



**Promote problem solving** – Ask your child questions. How can you get to your opponent's weakness? How can you move the opponent around the court? What worked well for you in that match?



**Promote the importance of enjoying the challenge of competition** – resilience develops character. Endorse the ethos of never giving up, no matter what the score. Every point you have 50/50 chance of winning. Professional players lose matches every week.



**Promote independence** – players trying to take responsibility that they have drinks ready, have re fuelled at the correct times, watching their match court to be ready to play. Calling the score out clearly.



# COMPETITION

### HELPFUL TIPS FOR PARENTS

10U AND 9U NATIONAL TOUR



Thoughts to consider AFTER the tournament:



The car journey home – a recent study suggested that the main reason players stopped playing tennis was based on their negative experience of the car journey home from competition. Be mindful of this interaction and seek the positives.

Players will receive a certificate at the end of the tournament, there will be some reflective questions to encourage them to think about their game and how they have used the matches to improve. We appreciate winning is important but game development is a priority.



The most important relationship is being a parent & child – no matter what has happened at the event the player will want approval from their parent. Remind them you are proud of them.



If your individual coach was not present, encourage the player to give them their feedback. This gives direction for training and will focus in on present or future goals. Tournaments are opportunities to grow as a player and person.



NATIONAL TOUR SCHEDULE

### **10U BOYS**



#### 10U Boys

#### **National Tours**

Rotation	Venue	Dates	Days	Code	Closing Date	Draw size
National Tour 1	Sunderland	25-26 October	2 days	<u>DUR-23-</u> 0039	02/10/2023 @ 10am	32 players
WRT Linked	Selected WRTs	23 or 24 September	1 day	<u>View WRT</u> <u>Calendar</u>	12/09/2023 @10am	8 per event
National Tour 2	Corby	16-17 December	2 days	<u>NTP-23-</u> <u>0055</u>	20/11/2023 @ 10am	32 players
WRT Linked	Selected WRTs	18 or 19 November	1 day	<u>View WRT</u> <u>Calendar</u>	07/11/2023 @ 10am	8 per event



NATIONAL TOUR SCHEDULE

### **10U GIRLS**



#### 10U Girls

#### **National Tours**

Rotation	Venue	Dates	Days	Code	Closing Date	Draw size
National Tour 1	Sunderland	23 – 24 October	2 days	DUR-23-0039	02/10/2023 @ 10am	32 players
WRT Linked	Selected WRTs	23 or 24 September	1 day	<u>View WRT</u> <u>Calendar</u>	12/09/2023 @10am	8 per event
National Tour 2	Corby	9 – 10 December	2 days	<u>NTP-23-0054</u>	13/11/2023 @ 10am	32 players
WRT Linked	Selected WRTs	18 or 19 November	1 day	<u>View WRT</u> <u>Calendar</u>	07/11/2023 @ 10am	8 per event



### NATIONAL TOUR SCHEDULE

### **9U BOYS**



#### <u>9U Boys</u>

**National Tours** 

Rotation	Event	Venue	Dates	Days	Code	Closing Date	Draw size
National Tour 1	North NT	L'borough	28 October	1 day	<u>LEI-23-0045</u>	02/10/2023 @10am	16
	South NT	NTC	28 October	1 day	<u>SUR-23-0298</u>	02/10/2023 @10am	16
	WRT Linked	Various	30 Sept or 1 October	1 day	<u>View WRT</u> <u>Calendar</u>	19/09/2023 @10am	16/event
National Tour 2	North NT	Nottingha m	17 Dec	1 day	<u>NOT-23-0030</u>	20/11/2023 @ 10am	16
	South NT	Sutton	17 Dec	1 day	<u>SUR-23-0299</u>	20/11/2023 @ 10am	16
	WRT Linked	Various	11 or 12 November	1 day	<u>View WRT</u> <u>Calendar</u>	31/10/2023 @10am	16/event



### NATIONAL TOUR SCHEDULE

### **9U GIRLS**



#### <u>9U Girls</u>

**National Tours** 

Rotation	Event	Venue	Dates	Days	Code	Closing Date	Draw size
National Tour 1	North NT	L'borough	29 October	1 day	<u>LEI-23-0045</u>	02/10/2023 @10am	16
	South NT	NTC	29 October	1 day	<u>SUR-23-0298</u>	02/10/2023 @10am	16
	WRT Linked	Various	30 Sept or 1 October	1 day	<u>View WRT</u> <u>Calendar</u>	19/09/2023 @10am	16/event
National Tour 2	North NT	Nottingha m	16 Dec	1 day	<u>NOT-23-0030</u>	20/11/2023 @ 10am	16
	South NT	Sutton	16 Dec	1 day	<u>SUR-23-0299</u>	20/11/2023 @ 10am	16
	WRT Linked	Various	11 or 12 November	1 day	<u>View WRT</u> <u>Calendar</u>	31/10/2023 @10am	16/event