



TE IIS LEADER

ENGAGING A RANGE OF STUDENTS

Hear from schools as to how they engage a range of students in Tennis Leaders in order to:

- Help students who need more support in developing employability skills.
- Broaden the range of student role models.
- Engage gifted and talented students in taking on a variety of roles.
- Support skills and knowledge for GCSE PE and BTEC Sport students
- Complete the skill activity for Duke of Edinburgh award.

TOP TIPS

- Consider offering the Tennis Leaders opportunity to pupils not studying a PE/sports qualification to spark their interest in the game and develop skills.
- Think about how Tennis Leaders could engage lower ability pupils or under-represented groups and help them become role models.
- Offering Tennis Leaders to girls in secondary school can help combat the disappointing statistic that more than one million teenage girls (43%) who once considered themselves 'sporty' disengage from sport following primary school (source: Women in Sport), for reasons that include lack of confidence and a fear of feeling judged by others.
- Consider partnering with a club or venue who will deliver Tennis Leaders and introduce pupils to the club, so they get the real experience and potential future work (paid or voluntary).

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I didn't realise there would be so many different opportunities for me at secondary school."

Kara, SEND sports club attendee

WINDSOR HIGH SCHOOL AND SIXTH FORM, WEST MIDLANDS

chose to run two Tennis Leaders courses: one for their BTEC Sport groups and one for Year 7 girls.

As part of their BTEC course, the first group planned and led the Y3&4 Mini Red Competition for local primary schools. The boys' group had already done quite a bit of leadership, but many were new to the game of tennis. It developed their knowledge of the game and the range of events.

Out of the 14 Year 7 girls, 11 were considered disadvantaged or receiving funding, including EAL, SEND and Pupil Premium. As the content of Tennis Leaders is presented simply and clearly, in bitesize sections, a diverse range of pupils can grasp the learning and implement it practically.

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The group of Year 7 girls undertaking Tennis Leaders were low ability, but we wanted to demonstrate that all students have the opportunity and potential to learn to lead. The girls LOVED the experience. It was an opportunity to ensure they were praised, and they wrote newsletter items on the event."

Katie Jones, Windsor High School and Sixth Form

DITCHAM PARK SCHOOL, HAMPSHIRE:

Tennis Leaders was delivered as an "activity" PE lesson in the summer term to 19 pupils from Year 9 to Year 11 studying PE GCSE.

Some pupils undertaking the DofE Bronze Award used the course as their skill activity over three months.





JOHN KYRLE HIGH SCHOOL, Herefordshire

offered Tennis Leaders only to girls, to encourage female participation in sports leadership.

All additional modules were delivered by the Head of PE across a number of weeks in the summer term 21/22. The school already teaches tennis as part of the curriculum to all age groups, has a tennis programme, and sponsors Skipton Tennis Club. Pupils undertaking the Tennis Leaders course are rewarded with real-world, long-term volunteer and coaching experiences at Skipton.

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We encouraged the 'stand-out stars' to work alongside our coaches at ARC on weekends and evenings. Around half of them went on to complete the Level 1 qualification and the other half became regular volunteers at competitions, helping our tournament referee."

Tom Vinall, General Manager, ARC

ATLANTIC RACQUET CENTRE, DEVON

delivered Tennis Leaders free of charge to approximately 120 Year 10 pupils across two local secondary schools.

The leaders completed the Helping at a Competition module at ARC then stayed for the afternoon to help with a school competition or festival event. The students who took part were all Year 10 students studying the Sports Leader award as part of GCSE PE, and the gender split was approximately 50/50. Mostly non-tennis players, this successful model opens up tennis to a diverse, untapped group.

Stand-out leaders (about 10% of the cohort) were invited to help deliver the coaching programme at the centre. The other 90% still gained a qualification and valuable experience, and many have joined teen tennis sessions as a result of discovering a love for the game.

