



DEPLOYING LEADERS

Hear from schools as to how they use their Tennis Leaders to:

- Support extra-curricular sessions
- Run competitions
- Assist in lessons
- Help at local tennis venues
- Act as role models
- Improve leadership in wider school activities.

TOP TIPS

- Try to help pupils put their leadership skills to use as soon as possible, such as linking with a club or involving them in your own tennis programme/clubs
- Include lower ability or disadvantaged pupils – the results have been really positive
- Consider partnering with a club or venue who will deliver Tennis Leaders – the pupils often co-operate well with a coach.



Do the course! They all really enjoyed the programme and felt they learnt skills which they could use to coach different sports.”

Katie Rowley,
Ditcham Park School

WINDSOR HIGH SCHOOL AND SIXTH FORM, WEST MIDLANDS

chose to run two Tennis Leaders courses: one for their cohort of BTEC Sport students and one for Year 7 girls.

They invited primary schools to take part in the Mini Red Y3&4 competition, with the BTEC Sport students leading this event. The girls planned and ran a KS1 tennis festival for local primary schools. The leaders supported at other School Games events including Boccia, SEND, multi-skills and archery.

Out of the 14 Year 7 girls, 6 were Pupil Premium, 2 EAL and 3 SEND. Despite these potential barriers to participation, Tennis Leaders content is designed for a range of abilities, and the girls successfully developed leadership, teamwork, confidence and enthusiasm for the game.



The plan is that some of the girls will form part of our Leadership Academy and run sessions in local primary schools.”

Katie Jones,
Windsor High School
and Sixth Form

JOHN KYRLE HIGH SCHOOL, HEREFORDSHIRE

offered Tennis Leaders exclusively to girls to encourage female participation in sports leadership.

Students who attended a tennis club, coaching or were part of the competitive team during the previous summer were selected, and the group included one Pupil Premium and one EAL. Since the course, leaders have helped run the School Games Tennis event organised by the SGO and held at the school. They also support community sessions and run inter-school competitions.



My students got a lot out of the fact that they were being led by a professional LTA tennis coach rather than their PE teacher. They also liked using lots of different tennis equipment that we don't have lots of (or at all) in school.”

Shona Butler,
John Kyrle High School



AT BRADFORD GRAMMAR SCHOOL, YORKSHIRE,

10 pupils took the optional Tennis Leaders course.

All additional modules were delivered by the Head of PE across a number of weeks in the summer term 21/22. The school already teaches tennis as part of the curriculum to all age groups, has a tennis programme, and sponsors Skipton Tennis Club. Pupils undertaking the Tennis Leaders course are rewarded with real-world, long-term volunteer and coaching experiences at Skipton.

DITCHAM PARK SCHOOL, HAMPSHIRE

delivered Tennis Leaders to 19 pupils from Year 9 to Year 11 studying PE GCSE.

Undertaking the core module and an elective module (Helping at a School) enabled them to competently help teachers deliver the school's sports provision.

ATLANTIC RACQUET CENTRE, DEVON

delivered Tennis Leaders to approximately 120 Year 10 pupils across two local secondary schools free of charge.

Having completed the core module at their respective schools, the leaders completed the Helping at a Competition module at ARC on the morning of a school competition or festival event. The leaders then stayed for the afternoon to help with these, plus multiple events during the year. This successful model works for all parties and provides an opportunity for pupils to immediately put their learning into practice.

About 10% of the cohort were invited back to help deliver the centre's coaching programme. For those not picked, their journey has not ended. Having discovered an interest in the game, many joined ARC's teen tennis sessions, adding a new interest and qualification to their CV.



“

Do the course – the students really do reap the rewards of it. They enjoyed, engaged and developed a better understand of leadership, and some have even re-evaluated career choices.”

Rachel Miller,
Bradford Grammar School

“

I now use several of the pupils to assist me with the after-school tennis programme.”

Katie Rowley,
Ditcham Park School

“

It was incredible to see the leaders step up and work as a team to help us deliver the events. We encouraged the stand-out stars to work alongside our coaches at ARC on weekends and evenings and complete the Level 1 qualification. My favourite thing about this programme is that many of those stars are non-tennis players initially, but through the Tennis Leaders qualification they find a love for tennis and a way to get involved.”

Tom Vinall,
General Manager, ARC