

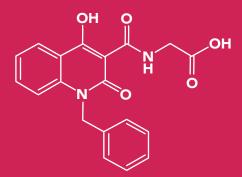
# WADA 2021 PROHIBITED LIST: MAJOR CHANGES

(Comes into effect from 1 January 2021)

### **Prohibited Substances**

#### S2 – Peptide Hormones, Growth Factors, Related Substances, and Mimetics

 IOX2 – Added as an example of a hypoxia-inducible factor (HIF) activating agent



#### S3 – Beta-2 Agonists

 Inhaled vilanterol – now permitted when a max of 25 micrograms (mcg) is inhaled over a 24-hour period. Inhaled use exceeding this remains prohibited



Arformoterol & levosalbutamol
added as examples

#### S9 - Glucocorticoids

 Beclometasone, ciclesonide, flucortolone, flunisolide and mometasone added as examples



# Prohibited Substances in Particular Sports

#### P1 - Beta-blockers

 Nebivolol – Added as an example



## New List design

 Improved navigation and usability for athletes



# **Substances of Abuse**

Following the 2021 World Anti-Doping Code changes, four substances on the List have been recognised as Substances of Abuse:

- 1. Cocaine
- 2. Diamorphine (heroin)
- 3. Methylenedioxymethamphetamine (MDMA/"ecstasy")
- 4. Tetrahydrocannabinol (THC)





For more info on the 2021 Code, visit ukad.org.uk/2021Code