


DRILL

Musical chairs

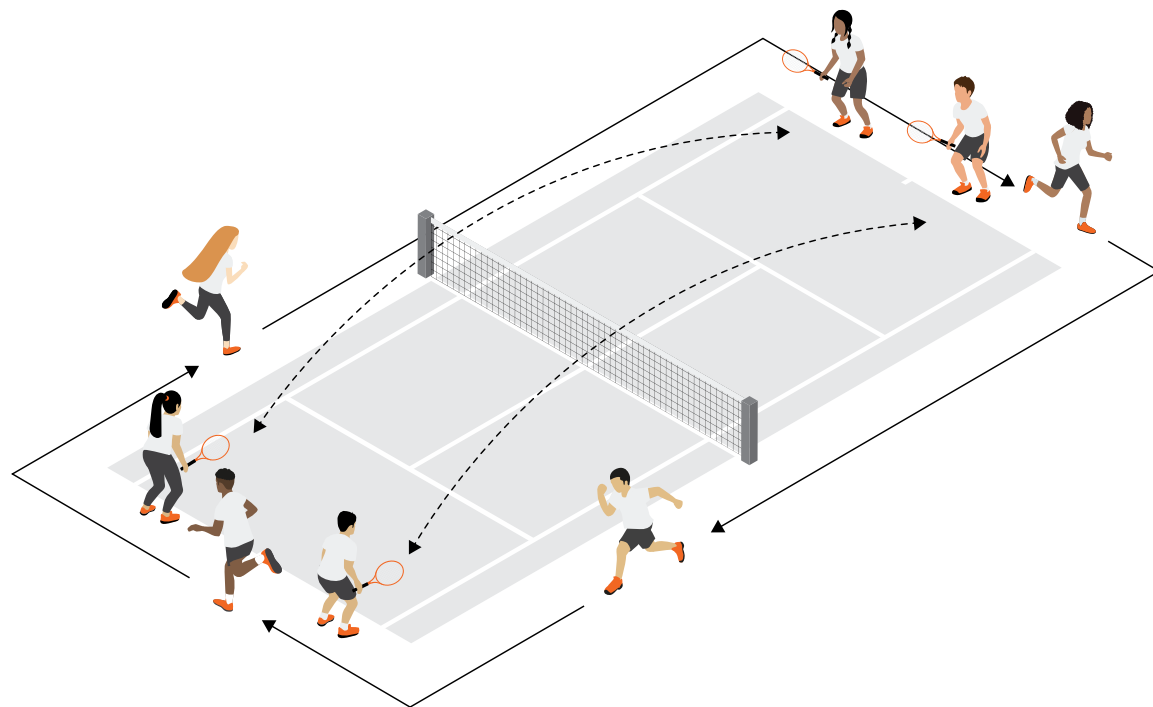
How to Play:

- 4 students start on court playing half court singles.
- The remaining students spread out around the outside of the court and jog in clockwise direction.
- When a hitter makes an error, the closest jogger takes their place.
- If jogger has gone past the hitter, they cannot turn around.

Equipment:

 Low compression tennis balls

 Tennis rackets



TEACHING POINTS:

- Jog at a safe distance away from the hitters.