


CONDITIONED POINTS

Doubles tap the net

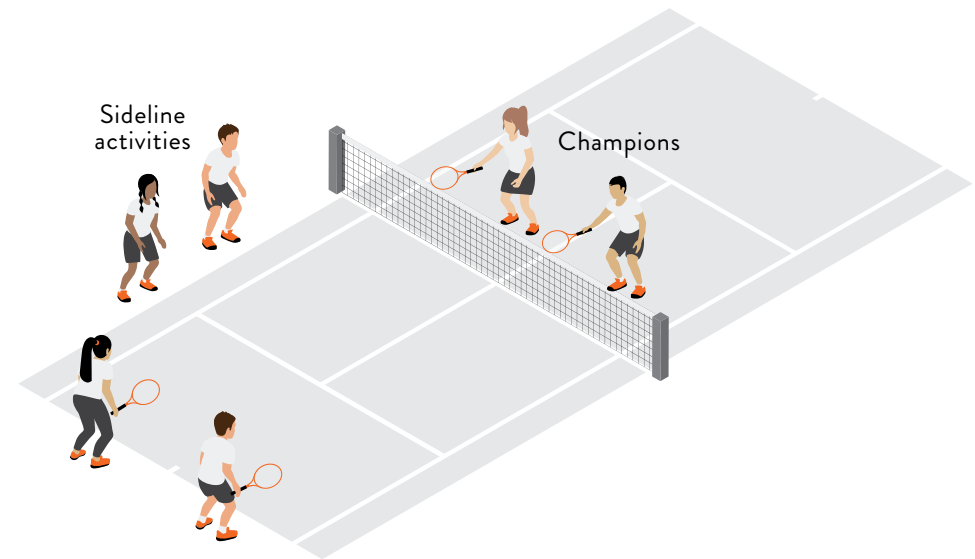
How to Play:

- Students work in pairs. 1 pair start as champions with rackets touching the net.
- Challengers start on the opposite baseline.
- Champions feed a ball into play and the point is played out.
- If challengers win, they replace champions remembering to start with rackets touching net.
- If challengers lose they perform sideline activities and next challengers play against the champions.

Equipment:

 Low compression tennis balls

 Tennis rackets



TEACHING POINTS:

- The ball must be fed cooperatively and be returned for the point to become live.