

## 4 TEAMS/2 HOURS

#### This example is based on the following:

- Four teams taking part, in one box of four.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 10 minutes, however 15 minute slots are allocated to allow for change over.
- The total time available is 2 hours, based on: 1pm 3pm.

Blue Group	Team A	Team B	Team C	Team D
Team A				
Team B				
Team C				
Team D				

#### Matches:

AvB	CvD
AvC	DvВ
AvD	ВvС

TIME:	ACTIVITY:
Pre 1:00pm	Teams arrive and sign-in
1:00pm - 1:15pm	Introductions, warm-up and explain rules/format
1:15pm - 1:30pm	Blue Group – A v B
1:30pm - 1:45pm	Blue Group – C v D
1:45pm - 2:00pm	Blue Group – A v C
2:00pm – 2:15pm	Blue Group – D v B
2:15pm – 2:30pm	Blue Group – A v D
2:30pm – 2:45pm	Blue Group – B v C
2:45pm – 3:00pm	Catch – up time/presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the l ength of matches.



### **5 TEAMS/2 HOURS**

#### This example is based on the following:

- Five teams taking part, in one box of five.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 8 minutes, however, 10 minute slots are allocated to allow for change over.
- The total time available is 2 hours, based on: 1pm 3pm.

Blue Group	Team A	Team B	Team C	Team D	Team E
Team A					
Team B					
Team C					
Team D					
Team E					

#### Matches:

AvB	B v D	ВvС
CvA	CvD	ΑvΕ
EvC	ЕvВ	
D v E	D v A	

TIME:	ACTIVITY:
Pre 1:00pm	Teams arrive and sign-in
1:00pm - 1:15pm	Introductions, warm-up and explain rules/format
8 minute matches 10 minute slots to allow for changeover, etc	Blue Group – A v B Blue Group – C v D Blue Group – C v A Blue Group – E v B Blue Group – E v C Blue Group – D v A Blue Group – D v E Blue Group – B v C Blue Group – B v D Blue Group – A v E
2:50pm – 3:00pm	Catch – up time/presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



### **6 TEAMS/2 HOURS**

This example is based on the following:

- Six teams taking part, split into two boxes of three.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 8 minutes, however 10 minute slots are allocated to allow for change over.
- The total time available is 2 hours, based on: 1pm 3pm.

Blue Group	Team A	Team B	Team C	Matches:
Team A				A v B
Team B				CvA
Team C				ByC

Red Group	Team A	Team B	Team C	Matches:
Team A				A v B
Team B				CvA
Team C				ByC

TIME:	ACTIVITY:
1:00pm	Teams arrive and sign-in
1:15pm - 1:30pm	Introductions, warm-up and explain rules/format
8 minute matches 10 minute slots to allow for changeover, etc	Blue Group – A v B Red Group – A v B Blue Group – C v A Red Group – C v A Blue Group – B v C Red Group – B v C
2:30pm	Play off final – Red Group winners v Blue Group winners
2:40pm – 2:50pm	Catch – up time
2:50pm - 3:00pm	Presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



## 7 TEAMS/2 HOURS

#### This example is based on the following:

- Seven teams taking part, split into two boxes of three and four.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 7 minutes, however 9 minute slots are allocated to allow for change over.
- The total time available is 2 hours, based on: 1pm 3pm.

Blue Group	Team A	Team B	Team C	Team D	Match	nes:
Team A					ΑvΒ	CvD
Team B					ΑvC	DvВ
Team C					ΑvD	ВvС
Team D						

Red Group	Team A	Team B	Team C	Matches:
Team A				ΑvΒ
Team B				CvA
Team C				ВvС

TIME:	ACTIVITY:
Pre 1:00pm	Teams arrive and sign-in
1:00pm - 1:15pm	Introductions, warm-up and explain rules/format
7 minute matches 9 minute slots to allow for changeover, etc	Red Group – A v B Blue Group – A v BBlue Group – C v D Red Group – C v ABlue Group – A v C Blue Group – D v BRed Group – B v C Blue Group – A v DBlue Group – B v C
2:35pm	Play off final – Red Group winners v Blue Group. winners
2:45pm	Catch – up time
2:50pm	Presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



### 8 TEAMS/2 HOURS

#### This example is based on the following:

- Eight teams taking part, split into two boxes of four.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 5 minutes, however 7 minute slots are allocated to allow for change over.
- The total time available is 2 hours, based on: 1pm 3pm.

Blue Group	Team A	Team B	Team C	Team D	Match	nes:
Team A					ΑvΒ	CvD
Team B					ΑvC	D v B
Team C					ΑvD	ВvС
Team D						

Red Group	Team A	Team B	Team C	Team D	Match	es:
Team A					ΑvΒ	CvD
Team B					ΑvC	DvВ
Team C					A v D	ΒvC
Team D						

TIME:	ACTIVITY:	
Pre 1:00pm	Teams arrive and sign-in	
1:00pm - 1:15pm	Introductions, warm-up a	and explain rules/format
5 minute matches 7 minute slots to allow for changeover, etc	Blue Group – A v B Blue Group – C v D Blue Group – A v C Blue Group – D v B Blue Group – A v D Blue Group – B v C	Red Group – A v B Red Group – C v D Red Group – A v C Red Group – D v B Red Group – A v D Red Group – B v C
2:35pm	Play off final – Red Grou	p winners v Blue Group winners
2:45pm	Catch – up time	
2:50pm	Presentations	

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



### **5 TEAMS/3 HOURS**

### This example is based on the following:

- Five teams taking part, in one box of five.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 10 minutes, however 15 minute slots are allocated to allow for change over.
- The total time available is 3 hours, based on: 1pm 4pm.

Blue Group	Team A	Team B	Team C	Team D	Team E
Team A					
Team B					
Team C					
Team D					
Team E					

#### Matches:

AvB	CvD
CvA	ΕvΒ
EvC	DvA
DvE	ВvС
BvD	AvE

TIME:	ACTIVITY:
Pre 1:00pm	Teams arrive and sign-in
1:00pm - 1:15pm	Introductions, warm-up and explain rules/format
1:15pm - 1:30pm	Blue Group A v B
1:30pm – 1:45pm	Blue Group C v D
1:45pm – 2:00pm	Blue Group C v A
2:00pm – 2:15pm	Blue Group E v B
2:15pm – 2:30pm	Blue Group E v C
2:30pm – 2:45pm	Blue Group D v A
2:45pm – 3:00pm	Blue Group D v E
3:00pm – 3:15pm	Blue Group B v C
3:15pm – 3:30pm	Blue Group B v D
3:30pm – 3:45pm	Blue Group A v E
3:45pm – 3:50pm	Catch – up time/presentations
3:50pm - 4:00pm	Presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



### 6 TEAMS/3 HOURS

#### This example is based on the following:

- Six teams taking part, split into two boxes of three.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 10 minutes, however 15 minute slots are allocated to allow for change over.
- The total time available is 3 hours, based on: 1pm 4pm.

Blue Group	Team A	Team B	Team C	Matches:
Team A				A v B
Team B				CvA
Team C				ByC

Red Group	Team A	Team B	Team C	Matches
Team A				AvB
Team B				CvA
Team C				BvC

TIME:	ACTIVITY:
1:00pm	Teams arrive and sign-in
1:30pm - 1:45pm	Introductions, warm-up and explain rules/format
1:45pm - 2:00pm	Blue Group – A v B
2:00pm - 2:15pm	Red Group – A v B
2:15pm - 2:30pm	Blue Group – C v A
2:30pm – 2:45pm	Red Group – C v A
2:45pm - 3:00pm	Blue Group – B v C
3:00pm - 3:15pm	Red Group – B v C
3:15pm - 3:30pm	Play off final – Red Group winners v Blue Group winners
3:30pm - 3:45pm	Catch – up time/presentations
3:45pm – 4:00pm	Presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



## 7 TEAMS/3 HOURS

#### This example is based on the following:

- Seven teams taking part, split into two boxes of three and four.
- Four courts are available.
- Timed Tennis format is being used.
- Each match lasts 10 minutes, however, 15 minute slots are allocated to allow for change over.
- The total time available is 3 hours, based on: 1pm 4pm.

Blue Group	Team A	Team B	Team C	Team D	Match	nes:
Team A					ΑvΒ	CvD
Team B					ΑvC	DvВ
Team C					ΑvD	ВvС
Team D						

Red Group	Team A	Team B	Team C	Matches:
Team A				ΑvΒ
Team B				CvA
Team C				ВvС

TIME:	ACTIVITY:
1:00pm	Teams arrive and sign-in
1:00pm - 1:15pm	Introductions, warm-up and explain rules/format
1:15pm - 1:30pm	Red Group – A v B
1:30pm – 1:45pm	Blue Group – A v B
1:45pm – 2:00pm	Blue Group – C v D
2:00pm – 2:15pm	Red Group – C v A
2:15pm – 2:30pm	Blue Group – A v C
2:30pm – 2:45pm	Blue Group – D v B
2:45pm - 3:00pm	Red Group – B v C
3:00pm - 3:15pm	Blue Group – A v D
3:15pm - 3:30pm	Blue Group – B v C
3:30pm – 3:40pm	Play off final – Red Group winners v Blue Group winners
3:40pm – 3:50pm	Catch – up time
3:50pm - 4:00pm	Presentations

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.



### **8 TEAMS/3 HOURS**

#### This example is based on the following:

- Eight teams taking part, split into two boxes of four.
- Four courts are available. ٠
- Timed Tennis format is being used. ٠
- Each match lasts 7 minutes, however 10 minute slots are allocated to allow for ٠ change over.
- The total time available is 3 hours, based on: 1pm 4pm.

Blue Group	Team A	Team B	Team C	Team D	Matches:	
Team A					ΑvΒ	CvD
Team B					AvC	DvВ
Team C					ΑvD	ВvС
Team D						

Red Group	Team A	Team B	Team C	Team D	Matches:	
Team A					ΑvΒ	CvD
Team B					AvC	DvВ
Team C					ΑvD	ВvС
Team D						

TIME:	ACTIVITY:	
1:00pm	Teams arrive and sign-in	
1:00pm - 1:30pm	Introductions, warm-up and explain rules/format	
1:30pm - 1:40pm	Blue Group – A v B	
1:40pm – 1:50pm	pm Red Group – A v B	
1:50pm - 2:00pm	Blue Group – C v D	
2:00pm – 2:10pm	Red Group – C v D	
2:10pm - 2:20pm	Blue Group – A v C	
2:20pm – 2:30pm	Red Group – A v C	
2:30pm – 2:40pm	Blue Group – D v B	
2:40pm – 2:50pm	Red Group – D v B	
2:50pm – 3:00pm	Blue Group – A v D	
3:00pm – 3:10pm	Red Group – A v D	
3:10pm - 3:20pm	Blue Group – B v C	
3:20pm – 3:30pm	Red Group – B v C	
3:30pm - 3:40pm	Play off final – Red Group winners v Blue Group winners	
3:40pm - 3:50pm	Catch – up time	
3:50pm - 4:00pm	Presentations	

#### **Considerations:**

- You can alter the template above to fit your circumstances i.e. different amount of teams, different total amount of time available.
- If you have a shorter amount of time available, you can shorten the length of matches.