

**LTA** The National Tennis Centre 100 Priory Lane, Roehampton London SW15 5JQ

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Dear Head Teacher,

## Engage your students and staff and get them active with one of the fastest growing sports in Britain

Given the decline in physical activity levels and the significant impact of the pandemic on young people's lives, it is now more important than ever we help students, and adults, be more active and as a result, help to have a positive impact on their physical and mental wellbeing.

LTA Youth Schools is a FREE education programme that uses the excitement and inspiration of tennis, to offer flexible curriculum-linked resources that have been designed to support the curriculum and wider school outcomes. It has been developed by teachers, for teachers, with the intention of setting a new standard in the provision of PE and school sport programmes and focusses on developing motor skills that are valuable for children in all their physical activities. We have been awarded 'Approved Provider Status' for both our resources and teacher training from The Professional Development Board of The Association for Physical Education, the only PE subject association in the UK. Schools can access the programme for free at <u>www.lta.org.uk/schools</u>

Our venues are LTA Registered and all coaches are LTA Accredited. Coach Accreditation is the LTA's professional membership scheme for coaches and all coaches must as a minimum, in addition to their qualification, have undertaken a relevant criminal records check (DBS in England & Wales, PVG in Scotland) and undertaken recent safeguarding and first aid training.

As well as tennis, Padel tennis is an innovative and fun game that is for players of all abilities that is easy to pick up. It's always played as doubles so extremely sociable. The court is about a third of the size of a tennis court, and the rackets are also smaller; groups of mixed ages, gender and abilities can play together.

We would encourage you to engage and develop a relationship with your local LTA Registered Venue & LTA Accredited Coach in order to give your students, staff and wider school family the opportunity to experience padel tennis.

Yours sincerely,

Sild

Scott Lloyd Chief Executive